



24. Weinberg-OL  
Wörrstadt / 16.06.2019

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Raupach, Benno

□□: OLV Steinberg

□□□: 55:05

□□□□: 9:22 min/km

□□: 5.88 km / 12 □□

□□□□:

Herren -18

□□□□□: 2(of 3)

□□□□□□□: 50:05

□□: 5:00

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	□□	-	-	%	□□	-	-	%
1 (107)	3:35	1	-	-	3:35	1	-	-
2 (113)	2:10	2	0:55	73.3	5:45	2	0:19	5.8
3 (102)	4:40	1	-	-	10:25	1	-	-
4 (103)	4:55	2	0:26	9.7	15:20	2	0:18	2.0
5 (104)	2:49	3	0:29	20.7	18:09	2	0:21	2.0
6 (106)	1:05	1	-	-	19:14	2	0:17	1.5
7 (118)	2:20	2	0:20	16.7	21:34	2	0:37	2.9
8 (126)	12:10	3	3:20	37.7	33:44	2	3:57	13.3
9 (120)	3:01	1	-	-	36:45	2	3:51	11.7
10 (129)	6:43	3	0:53	15.1	43:28	2	4:44	12.2
11 (132)	6:26	1	-	-	49:54	2	4:37	10.2
12 (100)	4:25	2	0:19	7.7	54:19	2	4:56	10.0
□□	0:46	3	0:05	12.2	55:05	2	5:00	10.0