



24. Weinberg-OL  
Wörrstadt / 16.06.2019

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Göhler, Marcel

□□: CTG Koblenz

□□□: 1:02:02

□□□□: 7:38 min/km

□□: 8.12 km / 16 □□

□□□□:

Herren 35-

□□□□□: 4(of 9)

□□□□□□□: 59:14

□□: 2:48

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (109)	6:15	3	1:09	22.6	6:15	3	1:09	22.6
2 (111)	2:15	2	0:02	1.5	8:30	3	1:08	15.4
3 (128)	5:20	6	1:07	26.5	13:50	3	2:15	19.4
4 (127)	1:50	8	0:31	39.2	15:40	4	2:46	21.5
5 (119)	4:46	3	0:04	1.4	20:26	4	2:50	16.1
6 (117)	4:02	2	0:14	6.1	24:28	2	2:46	12.8
7 (126)	6:51	2	1:01	17.4	31:19	1	-	-
8 (118)	7:06	2	0:31	7.9	38:25	1	-	-
9 (106)	1:42	3	0:09	9.7	40:07	1	-	-
10 (114)	3:01	4	0:24	15.3	43:08	1	-	-
11 (104)	5:37	5	1:16	29.1	48:45	2	0:01	0.0
12 (103)	2:30	5	0:29	24.0	51:15	2	0:11	0.4
13 (102)	3:53	7	1:20	52.3	55:08	2	1:11	2.2
14 (113)	3:41	5	0:47	27.0	58:49	4	1:09	2.0
15 (107)	1:15	5	0:13	21.0	1:00:04	4	1:20	2.3
16 (100)	1:16	6	0:13	20.6	1:01:20	4	1:22	2.3
□□	0:42	4	0:10	31.3	1:02:02	4	2:48	4.7