



24. Weinberg-OL  
Wörrstadt / 16.06.2019

□□□□

Göpfert, Thomas

□□: (ohne Verein)

□□□: 1:02:25

□□□□: 7:41 min/km

□□: 8.12 km / 16 □□

□□□□:

Herren 35-

□□□□□: 5(of 9)

□□□□□□□: 59:14

□□: 3:11

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (109)	5:56	2	0:50	16.3	5:56	2	0:50	16.3
2 (111)	2:31	5	0:18	13.5	8:27	2	1:05	14.7
3 (128)	4:51	3	0:38	15.0	13:18	2	1:43	14.8
4 (127)	1:32	3	0:13	16.5	14:50	2	1:56	15.0
5 (119)	5:04	5	0:22	7.8	19:54	2	2:18	13.1
6 (117)	6:41	6	2:53	75.9	26:35	5	4:53	22.5
7 (126)	7:07	4	1:17	22.0	33:42	4	2:23	7.6
8 (118)	7:55	5	1:20	20.3	41:37	5	3:12	8.3
9 (106)	1:33	1	-	-	43:10	4	3:03	7.6
10 (114)	3:17	6	0:40	25.5	46:27	5	3:19	7.7
11 (104)	4:21	1	-	-	50:48	4	2:04	4.2
12 (103)	2:23	4	0:22	18.2	53:11	5	2:07	4.1
13 (102)	3:02	3	0:29	19.0	56:13	5	2:16	4.2
14 (113)	3:29	4	0:35	20.1	59:42	5	2:02	3.5
15 (107)	1:08	3	0:06	9.7	1:00:50	5	2:06	3.6
16 (100)	1:03	1	-	-	1:01:53	5	1:55	3.2
□□	0:32	1	-	-	1:02:25	5	3:11	5.4