



24. Weinberg-OL  
Wörrstadt / 16.06.2019

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Hjertén, Stefan

□□: OLV Steinberg

□□□: 53:10

□□□□: 10:39 min/km

□□: 4.99 km / 11 □□

□□□□:

Herren 55-

□□□□□: 7(of 9)

□□□□□□□: 37:02

□□: 16:08

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	2:42	5	0:40	32.8	2:42	5	0:40	32.8
2 (103)	3:23	4	0:36	21.6	6:05	4	1:09	23.3
3 (101)	1:57	7	0:32	37.7	8:02	4	1:33	23.9
4 (111)	6:50	7	2:56	75.2	14:52	6	4:18	40.7
5 (125)	2:03	7	0:39	46.4	16:55	6	4:57	41.4
6 (128)	7:00	7	2:36	59.1	23:55	6	7:33	46.1
7 (132)	12:36	8	4:24	53.7	36:31	6	11:57	48.6
8 (123)	5:17	3	1:01	23.8	41:48	6	12:58	45.0
9 (114)	3:56	8	1:09	41.3	45:44	6	14:07	44.7
10 (118)	4:40	6	1:16	37.3	50:24	6	15:23	43.9
11 (100)	1:42	7	0:26	34.2	52:06	6	15:44	43.3
□□	1:04	8	0:24	60.0	53:10	7	16:08	43.6