



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

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Böttinger, Falk

□□: FSV 1950 Gotha e.V.

□□: 108

□□: 42.20 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:53:10

□□: 10.81 km/h

□□□□: 5:32 min/km

□□□□□/□□□: 33 (of 75)

□□□□□/□: 29 (of 67)

□□□□□□: 2:59:48

□□□□□: 6(of 15)

□□□□□□□: 3:18:26

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Ifta	11.90	1:03:58	5:22	7	6:49	33	15:58	11.90	1:03:58	5:22	7	6:49	33	15:58	
Buchenau	11.70	1:02:06	5:18	5	7:02	28	14:30	23.60	2:06:04	5:20	7	13:16	32	29:49	
Frankenroda	9.40	52:36	5:35	6	10:07	30	13:21	33.00	2:58:40	5:24	5	23:23	30	43:10	
Uferstraße in Tre	9.20	54:30	5:55	7	11:21	25	13:36	42.20	3:53:10	5:31	6	34:44	29	53:22	