



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

0000

Orth, Peter

000: 4:55:34

00: LG Velmar - 100/MC

00: 8.53 km/h

00: 180

0000: 7:00 min/km

00: 42.20 km

00000/000: 63 (of 75)

Marathon

00000/0: 56 (of 67)

000000: 2:59:48

0000:

00000: 1(of 1)

Senioren M75 (75-80 Jahre)

0000000: 4:55:34

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ifta	11.90	1:16:40	6:26	1	-	51	28:40	11.90	1:16:40	6:26	1	-	51	28:40
Buchenau	11.70	1:17:40	6:38	1	-	52	30:04	23.60	2:34:20	6:32	1	-	52	58:05
Frankenroda	9.40	1:09:55	7:26	1	-	61	30:40	33.00	3:44:15	6:47	1	-	55	1:28:45
Uferstraße in Tre	9.20	1:11:19	7:45	1	-	56	30:25	42.20	4:55:34	7:00	1	-	56	1:55:46