



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

0000

Kottwitz, Andreas

000: 5:01:25

00: HV Gross Buckow

00: 8.36 km/h

00: 124

0000: 7:08 min/km

00: 42.20 km

00000/000: 65 (of 75)

Marathon

00000/0: 58 (of 67)

000000: 2:59:48

0000:

00000: 11(of 12)

Senioren M45 (45-49 Jahre)

0000000: 3:24:13

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ifta	11.90	1:19:10	6:39	11	26:18	55	31:10	11.90	1:19:10	6:39	11	26:18	55	31:10
Buchenau	11.70	1:20:35	6:53	11	25:03	57	32:59	23.60	2:39:45	6:46	11	49:24	57	1:03:30
Frankenroda	9.40	1:09:35	7:24	11	23:32	57	30:20	33.00	3:49:20	6:56	11	1:12:56	57	1:33:50
Uferstraße in Tre	9.20	1:12:05	7:50	11	25:05	58	31:11	42.20	5:01:25	7:08	11	1:37:12	58	2:01:37