



1. Werratalmarathon, M, 4-er Staffel, HM

Treffurt / 07.04.2019

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Schwartz-Reinken, Birgit

□□□: 3:28:42

□□: TSV Eintracht Hittfeld

□□: 12.07 km/h

□□: 152

□□□□: 4:57 min/km

□□: 42.20 km

□□□□□/□□□: 14 (of 75)

Marathon

□□□□□/□: 1 (of 8)

□□□□□□: 3:28:42

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□□□□□: 1(of 4)

Seniorinnen W55 (55-59 Jahre)

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Ifta	11.90	1:00:02	5:02	1	-	2	3:22	11.90	1:00:02	5:02	1	-	2	3:22
Buchenau	11.70	57:52	4:56	1	-	2	1:13	23.60	1:57:54	4:59	1	-	2	4:35
Frankenroda	9.40	46:26	4:56	1	-	1	-	33.00	2:44:20	4:58	1	-	2	2:19
Uferstraße in Tre	9.20	44:22	4:49	1	-	1	-	42.20	3:28:42	4:56	1	-	1	-