



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Beißwenger, Bastian

00: liveaction.sports

00: 13

00: 9.75 km

10 km Lauf

0000:

Senioren M30 (30-34 Jahre)

000: 57:55

00: 9.32 km/h

0000: 5:56 min/km

00000/000: 116 (of 220)

00000/0: 80 (of 126)

000000: 35:30

00000: 9(of 10)

0000000: 42:19

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:27	5:59	9	6:38	90	8:14	3.25	19:27	5:59	9	6:38	90	8:14
00 2	3.25	19:33	6:00	9	5:23	77	19:32	6.50	39:00	6:00	9	11:50	83	21:39
000 00	3.25	18:55	5:49	9	5:11	67	6:43	9.75	57:55	5:56	9	15:36	80	22:25