



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Keul, Lukas

00: Falkensee

00: 107

00: 9.75 km

10 km Lauf

0000:

Männer (20-29 Jahre)

000: 1:00:29

00: 8.93 km/h

0000: 6:12 min/km

00000/000: 127 (of 220)

00000/0: 84 (of 126)

000000: 35:30

00000: 4(of 6)

0000000: 37:01

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	20:48	6:24	4	9:34	105	9:35	3.25	20:48	6:24	4	9:34	105	9:35
00 2	3.25	20:35	6:19	4	7:56	86	20:34	6.50	41:23	6:21	4	17:30	93	24:02
000 00	3.25	19:06	5:52	4	5:58	71	6:54	9.75	1:00:29	6:12	4	23:28	84	24:59