



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Miller, Jana

00: SG Indersdorf

00: 154

00: 9.75 km

10 km Lauf

0000:

Seniorinnen W50 (50-54 Jahre)

000: 1:00:57

00: 8.86 km/h

0000: 6:15 min/km

00000/000: 136 (of 220)

00000/0: 47 (of 94)

000000: 40:57

00000: 9(of 19)

0000000: 49:24

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:58	6:08	10	3:39	55	7:01	3.25	19:58	6:08	10	3:39	55	7:01
00 2	3.25	20:41	6:21	8	4:14	45	20:40	6.50	40:39	6:15	9	7:53	48	23:41
000 00	3.25	20:18	6:14	8	3:40	41	6:12	9.75	1:00:57	6:15	9	11:33	47	20:00