



# 14. Kristall-Marathon

Merkers / 16.02.2020

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Kirchner, Thomas

00: Zeiler Weinbergschnecken

00: 395

00: 22.75 km

Halbmarathon

0000:

Senioren M40 (40-44 Jahre)

000: 1:53:31

00: 12.02 km/h

0000: 4:59 min/km

00000/000: 38 (of 244)

00000/0: 32 (of 177)

000000: 1:31:43

00000: 1(of 23)

0000000: 1:53:31

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	14:50	4:33	2	1:02	26	2:52	3.25	14:50	4:33	2	1:02	26	2:52
00 2	3.25	15:26	4:44	2	1:22	31	2:51	6.50	30:16	4:39	2	2:24	29	5:43
00 3	3.25	16:03	4:56	2	1:06	36	3:19	9.75	46:19	4:45	2	3:30	30	8:34
00 4	3.25	16:51	5:11	2	1:00	41	3:38	13.00	1:03:10	4:51	2	4:30	32	11:59
00 5	3.25	16:47	5:09	1	-	35	3:31	16.25	1:19:57	4:55	2	4:02	35	15:00
00 6	3.25	17:05	5:15	1	-	35	3:44	19.50	1:37:02	4:58	2	2:24	35	18:20
000 00	3.25	16:29	5:04	1	-	28	3:41	22.75	1:53:31	4:59	1	-	32	21:48