



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Kage, Eric

00: Kaltenkirchen

00: 388

00: 22.75 km

Halbmarathon

0000:

Senioren M30 (30-34 Jahre)

000: 2:04:50

00: 10.57 km/h

0000: 5:29 min/km

00000/000: 85 (of 244)

00000/0: 70 (of 177)

000000: 1:31:43

00000: 12(of 21)

0000000: 1:31:43

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:35	5:24	16	4:49	85	5:37	3.25	17:35	5:24	16	4:49	85	5:37
00 2	3.25	17:20	5:19	13	4:28	74	4:45	6.50	34:55	5:22	14	9:11	81	10:22
00 3	3.25	17:49	5:28	14	5:05	80	5:05	9.75	52:44	5:24	14	14:16	82	14:59
00 4	3.25	17:59	5:31	13	4:46	74	4:46	13.00	1:10:43	5:26	13	18:53	76	19:32
00 5	3.25	18:07	5:34	13	4:51	66	4:51	16.25	1:28:50	5:28	14	23:44	73	23:53
00 6	3.25	18:07	5:34	14	4:46	56	4:46	19.50	1:46:57	5:29	14	28:15	72	28:15
000 00	3.25	17:53	5:30	9	5:05	50	5:05	22.75	2:04:50	5:29	12	33:07	70	33:07