



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Dörrer, Torsten

00: Hellweg

00: 332

00: 22.75 km

Halbmarathon

0000:

Senioren M55 (55-59 Jahre)

000: 2:06:25

00: 10.80 km/h

0000: 5:34 min/km

00000/000: 90 (of 244)

00000/0: 73 (of 177)

000000: 1:31:43

00000: 5(of 23)

0000000: 1:57:26

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:41	5:26	7	3:00	90	5:43	3.25	17:41	5:26	7	3:00	90	5:43
00 2	3.25	17:39	5:25	7	2:17	85	5:04	6.50	35:20	5:26	7	5:17	87	10:47
00 3	3.25	18:04	5:33	8	0:56	88	5:20	9.75	53:24	5:28	7	5:53	89	15:39
00 4	3.25	18:07	5:34	5	0:39	79	4:54	13.00	1:11:31	5:30	7	6:32	83	20:20
00 5	3.25	18:10	5:35	4	0:40	69	4:54	16.25	1:29:41	5:31	4	6:38	78	24:44
00 6	3.25	18:39	5:44	5	0:54	71	5:18	19.50	1:48:20	5:33	5	7:32	77	29:38
000 00	3.25	18:05	5:33	5	1:27	54	5:17	22.75	2:06:25	5:33	5	8:59	73	34:42