



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Cyriax, Timo

00: LT Büschel Lorsch

00: 321

00: 22.75 km

Halbmarathon

0000:

Senioren M40 (40-44 Jahre)

000: 2:10:48

00: 10.09 km/h

0000: 5:45 min/km

00000/000: 110 (of 244)

00000/0: 89 (of 177)

000000: 1:31:43

00000: 8(of 23)

0000000: 1:53:31

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:11	5:54	18	5:23	126	7:13	3.25	19:11	5:54	18	5:23	126	7:13
00 2	3.25	18:15	5:36	14	4:11	106	5:40	6.50	37:26	5:45	16	9:34	112	12:53
00 3	3.25	18:25	5:40	12	3:28	100	5:41	9.75	55:51	5:43	15	13:02	107	18:06
00 4	3.25	18:38	5:44	8	2:47	89	5:25	13.00	1:14:29	5:43	12	15:49	101	23:18
00 5	3.25	19:22	5:57	7	2:35	92	6:06	16.25	1:33:51	5:46	12	17:56	100	28:54
00 6	3.25	19:59	6:08	9	2:54	98	6:38	19.50	1:53:50	5:50	10	19:12	96	35:08
000 00	3.25	16:58	5:13	3	0:29	40	4:10	22.75	2:10:48	5:44	8	17:17	89	39:05