



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Roth, Susanne

00: Crazy Runners Team Frankenwald

00: 478

00: 22.75 km

Halbmarathon

0000:

Seniorinnen W35 (35-39 Jahre)

000: 2:11:01

00: 10.42 km/h

0000: 5:46 min/km

00000/000: 111 (of 244)

00000/0: 22 (of 67)

000000: 1:47:05

00000: 4(of 8)

0000000: 1:49:31

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:02	5:51	5	4:25	30	4:39	3.25	19:02	5:51	5	4:25	30	4:39
00 2	3.25	18:29	5:41	5	3:16	28	3:34	6.50	37:31	5:46	5	7:41	29	8:13
00 3	3.25	18:22	5:39	4	2:47	23	3:24	9.75	55:53	5:43	5	10:28	27	11:36
00 4	3.25	18:54	5:48	4	3:06	23	3:29	13.00	1:14:47	5:45	5	13:34	27	15:05
00 5	3.25	18:33	5:42	3	2:34	18	2:49	16.25	1:33:20	5:44	4	16:08	23	17:48
00 6	3.25	18:54	5:48	4	2:49	17	3:21	19.50	1:52:14	5:45	4	18:57	22	20:51
000 00	3.25	18:47	5:46	3	2:33	17	3:38	22.75	2:11:01	5:45	4	21:30	22	23:56