



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Wagner, Jan

00: Gladenbach

00: 245

00: 9.75 km

10 km Lauf

0000:

Männer (20-29 Jahre)

000: 49:16

00: 11.87 km/h

0000: 5:03 min/km

00000/000: 40 (of 220)

00000/0: 35 (of 126)

000000: 35:30

00000: 3(of 6)

0000000: 37:01

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:41	4:49	3	4:27	34	4:28	3.25	15:41	4:49	3	4:27	34	4:28
00 2	3.25	16:33	5:05	2	3:54	33	16:32	6.50	32:14	4:57	3	8:21	35	14:53
000 00	3.25	17:02	5:14	3	3:54	36	4:50	9.75	49:16	5:03	3	12:15	35	13:46