



14. Kristall-Marathon

Merkers / 16.02.2020

□□□□

Steinhilber-Klose, Marion

□□: Natura Imkerei

□□: 518

□□: 22.75 km

Halbmarathon

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 2:33:40

□□: 8.59 km/h

□□□□: 6:45 min/km

□□□□□/□□□□: 190 (of 244)

□□□□□/□: 42 (of 67)

□□□□□□: 1:47:05

□□□□□: 8(of 16)

□□□□□□□: 1:56:01

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 21:13 | 6:31 | 12 | 5:35 | 54 | 6:50 | 3.25 | 21:13 | 6:31 | 12 | 5:35 | 54 | 6:50 |
| □□ 2 | 3.25 | 20:48 | 6:24 | 8 | 4:51 | 43 | 5:53 | 6.50 | 42:01 | 6:27 | 8 | 10:26 | 46 | 12:43 |
| □□ 3 | 3.25 | 21:38 | 6:39 | 8 | 5:10 | 44 | 6:40 | 9.75 | 1:03:39 | 6:31 | 8 | 15:36 | 44 | 19:22 |
| □□ 4 | 3.25 | 22:18 | 6:51 | 8 | 5:24 | 45 | 6:53 | 13.00 | 1:25:57 | 6:36 | 8 | 21:00 | 46 | 26:15 |
| □□ 5 | 3.25 | 22:32 | 6:56 | 9 | 5:39 | 44 | 6:48 | 16.25 | 1:48:29 | 6:40 | 8 | 26:39 | 46 | 32:57 |
| □□ 6 | 3.25 | 22:47 | 7:00 | 9 | 5:40 | 45 | 7:14 | 19.50 | 2:11:16 | 6:43 | 8 | 32:19 | 45 | 39:53 |
| □□□ □□ | 3.25 | 22:24 | 6:53 | 10 | 5:20 | 41 | 7:15 | 22.75 | 2:33:40 | 6:45 | 8 | 37:39 | 42 | 46:35 |