



Görth, Theresa

□□: Grimy Cluster

□□: 646

□□: 22.75 km Halbmarathon

Seniorinnen W30 (30-34 Jahre)

□□□: 2:42:18

□□: 8.13 km/h

□□□□: 7:08 min/km

______: 205 (of 244)

________: 51 (of 67)

____: 1:47:05

□□□□: 7(of 7)

____: 1:47:05

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	km		min/km	-	-			km		min/km	-	-			
<u> </u>	3.25	18:32	5:42	5	4:09	27	4:09	3.25	18:32	5:42	5	4:09	27	4:09	
<u> </u>	3.25	19:33	6:00	6	4:37	34	4:38	6.50	38:05	5:51	5	8:46	31	8:47	
<u> </u>	3.25	21:00	6:27	7	6:02	39	6:02	9.75	59:05	6:03	6	14:48	32	14:48	
□□ 4	3.25	22:14	6:50	7	6:49	43	6:49	13.00	1:21:19	6:15	7	21:37	37	21:37	
<u> </u>	3.25	25:56	7:58	7	10:06	59	10:12	16.25	1:47:15	6:35	7	31:43	43	31:43	
□□ 6	3.25	27:31	8:28	7	11:40	61	11:58	19.50	2:14:46	6:54	7	43:23	47	43:23	
	3.25	27:32	8:28	7	11:50	58	12:23	22.75	2:42:18	7:08	7	55:13	51	55:13	