



# 14. Kristall-Marathon

Merkers / 16.02.2020

0000

**Bart, Ernst**

00: ASKÖ Laufwunder Steyr

00: 605

00: 42.25 km

Marathon

0000:

Senioren M50 (50-54 Jahre)

000: 3:21:17

00: 12.59 km/h

0000: 4:46 min/km

00000/000: 10 (of 185)

00000/0: 10 (of 161)

000000: 2:53:52

00000: 2(of 40)

0000000: 3:16:10

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	14:12	4:22	2	1:22	16	2:25	3.25	14:12	4:22	2	1:22	16	2:25
00 2	3.25	14:40	4:30	2	1:13	15	14:39	6.50	28:52	4:26	2	2:35	16	11:37
00 3	3.25	14:27	4:26	2	0:40	10	1:37	9.75	43:19	4:26	2	3:15	15	9:55
00 4	3.25	14:16	4:23	2	0:07	9	1:18	13.00	57:35	4:25	2	3:22	13	7:56
00 5	3.25	14:46	4:32	2	0:31	11	1:34	16.25	1:12:21	4:27	2	3:53	12	8:46
00 6	3.25	14:57	4:35	2	0:25	9	1:39	19.50	1:27:18	4:28	2	4:18	12	10:25
00 7	3.25	15:12	4:40	2	0:24	11	1:50	22.75	1:42:30	4:30	2	4:42	12	12:02
00 8	3.25	15:41	4:49	4	0:50	14	15:40	26.00	1:58:11	4:32	2	5:14	13	13:58
00 9	3.25	16:15	5:00	4	0:36	13	2:16	29.25	2:14:26	4:35	2	5:50	12	16:14
00 10	3.25	16:42	5:08	4	0:43	12	2:46	32.50	2:31:08	4:39	2	6:33	11	18:50
00 11	3.25	16:50	5:10	3	0:37	11	16:49	35.75	2:47:58	4:41	2	6:42	10	21:39
00 12	3.25	17:06	5:15	2	0:51	13	3:16	39.00	3:05:04	4:44	2	6:22	10	24:43
000 00	3.25	16:13	4:59	1	-	9	3:11	42.25	3:21:17	4:45	2	5:07	10	27:25