



14. Kristall-Marathon

Merkers / 16.02.2020

□□□□

Kreer, Georg

□□: SCHWARZACH TRAIL Raceteam by Salomon
□□: 713

□□: 42.25 km
Marathon

□□□□:
Senioren M40 (40-44 Jahre)

□□□: 3:25:22

□□: 12.34 km/h
□□□□: 4:52 min/km

□□□□□/□□□: 11 (of 185)

□□□□□/□: 11 (of 161)

□□□□□□: 2:53:52

□□□□□: 4(of 24)

□□□□□□□: 3:10:07

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 14:08 | 4:20 | 5 | 2:13 | 15 | 2:21 | 3.25 | 14:08 | 4:20 | 5 | 2:13 | 15 | 2:21 | |
| □□ 2 | 3.25 | 14:29 | 4:27 | 4 | 1:58 | 13 | 14:28 | 6.50 | 28:37 | 4:24 | 5 | 4:11 | 15 | 11:22 | |
| □□ 3 | 3.25 | 14:28 | 4:27 | 4 | 1:34 | 11 | 1:38 | 9.75 | 43:05 | 4:25 | 4 | 5:45 | 14 | 9:41 | |
| □□ 4 | 3.25 | 14:26 | 4:26 | 3 | 1:08 | 10 | 1:28 | 13.00 | 57:31 | 4:25 | 4 | 6:53 | 12 | 7:52 | |
| □□ 5 | 3.25 | 14:34 | 4:28 | 2 | 1:08 | 8 | 1:22 | 16.25 | 1:12:05 | 4:26 | 4 | 8:01 | 11 | 8:30 | |
| □□ 6 | 3.25 | 14:26 | 4:26 | 2 | 0:37 | 6 | 1:08 | 19.50 | 1:26:31 | 4:26 | 3 | 8:38 | 10 | 9:38 | |
| □□ 7 | 3.25 | 15:06 | 4:38 | 4 | 1:12 | 10 | 1:44 | 22.75 | 1:41:37 | 4:28 | 3 | 9:50 | 10 | 11:09 | |
| □□ 8 | 3.25 | 15:54 | 4:53 | 4 | 1:25 | 15 | 15:53 | 26.00 | 1:57:31 | 4:31 | 4 | 11:15 | 11 | 13:18 | |
| □□ 9 | 3.25 | 16:16 | 5:00 | 4 | 1:33 | 14 | 2:17 | 29.25 | 2:13:47 | 4:34 | 4 | 12:44 | 10 | 15:35 | |
| □□ 10 | 3.25 | 16:57 | 5:12 | 4 | 1:52 | 14 | 3:01 | 32.50 | 2:30:44 | 4:38 | 4 | 12:44 | 10 | 18:26 | |
| □□ 11 | 3.25 | 18:24 | 5:39 | 8 | 18:23 | 33 | 18:23 | 35.75 | 2:49:08 | 4:43 | 4 | 12:27 | 11 | 22:49 | |
| □□ 12 | 3.25 | 18:56 | 5:49 | 9 | 4:11 | 38 | 5:06 | 39.00 | 3:08:04 | 4:49 | 4 | 13:08 | 12 | 27:43 | |
| □□□ □□ | 3.25 | 17:18 | 5:19 | 6 | 2:59 | 23 | 4:16 | 42.25 | 3:25:22 | 4:51 | 4 | 15:15 | 11 | 31:30 | |