



14. Kristall-Marathon

Merkers / 16.02.2020

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Schmitt, Thomas

□□: LANDAU RUNNING COMPANY

□□: 781

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 3:37:47

□□: 11.57 km/h

□□□□: 5:09 min/km

□□□□□/□□□□: 23 (of 185)

□□□□□/□: 22 (of 161)

□□□□□□: 2:53:52

□□□□□: 5(of 25)

□□□□□□□: 3:06:58

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	15:10	4:39	6	3:06	24	3:23	3.25	15:10	4:39	6	3:06	24	3:23	
□□ 2	3.25	15:13	4:40	4	2:30	18	15:12	6.50	30:23	4:40	6	5:36	21	13:08	
□□ 3	3.25	15:34	4:47	6	2:34	22	2:44	9.75	45:57	4:42	5	8:10	20	12:33	
□□ 4	3.25	16:12	4:59	7	3:06	27	3:14	13.00	1:02:09	4:46	6	11:16	22	12:30	
□□ 5	3.25	16:38	5:07	8	3:12	33	3:26	16.25	1:18:47	4:50	6	14:28	22	15:12	
□□ 6	3.25	16:31	5:04	6	2:54	26	3:13	19.50	1:35:18	4:53	6	17:22	24	18:25	
□□ 7	3.25	16:41	5:08	6	2:42	26	3:19	22.75	1:51:59	4:55	6	20:04	24	21:31	
□□ 8	3.25	16:43	5:08	6	16:42	19	16:42	26.00	2:08:42	4:56	7	22:18	25	24:29	
□□ 9	3.25	16:55	5:12	4	2:03	18	2:56	29.25	2:25:37	4:58	7	24:21	25	27:25	
□□ 10	3.25	17:20	5:19	4	1:36	20	3:24	32.50	2:42:57	5:00	7	25:31	25	30:39	
□□ 11	3.25	17:59	5:31	6	2:01	28	17:58	35.75	3:00:56	5:03	7	26:37	25	34:37	
□□ 12	3.25	18:35	5:43	7	2:16	35	4:45	39.00	3:19:31	5:06	6	28:28	24	39:10	
□□□ □□	3.25	18:16	5:37	8	2:21	35	5:14	42.25	3:37:47	5:09	5	30:49	22	43:55	