



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Kipper, René

00: Steinbach

00: 699

00: 42.25 km

Marathon

0000:

Senioren M30 (30-34 Jahre)

000: 3:38:23

00: 11.61 km/h

0000: 5:10 min/km

00000/000: 24 (of 185)

00000/0: 23 (of 161)

000000: 2:53:52

00000: 4(of 13)

0000000: 2:53:52

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:14	5:18	5	5:27	57	5:27	3.25	17:14	5:18	5	5:27	57	5:27
00 2	3.25	0:01	0:00	1	-	1	-	6.50	17:15	2:39	1	-	1	-
00 3	3.25	16:09	4:58	4	3:19	32	3:19	9.75	33:24	3:25	1	-	1	-
00 4	3.25	16:15	5:00	5	3:17	28	3:17	13.00	49:39	3:49	1	-	1	-
00 5	3.25	16:46	5:09	6	3:34	39	3:34	16.25	1:06:25	4:05	4	2:50	6	2:50
00 6	3.25	17:56	5:31	6	4:38	55	4:38	19.50	1:24:21	4:19	4	7:28	8	7:28
00 7	3.25	16:42	5:08	4	3:20	27	3:20	22.75	1:41:03	4:26	4	10:35	9	10:35
00 8	3.25	16:57	5:12	4	3:14	24	16:56	26.00	1:58:00	4:32	4	13:47	12	13:47
00 9	3.25	17:20	5:19	4	3:21	27	3:21	29.25	2:15:20	4:37	4	17:08	14	17:08
00 10	3.25	17:34	5:24	4	3:38	23	3:38	32.50	2:32:54	4:42	4	20:36	13	20:36
00 11	3.25	17:48	5:28	4	3:48	25	17:47	35.75	2:50:42	4:46	4	24:23	13	24:23
00 12	3.25	16:49	5:10	4	2:59	11	2:59	39.00	3:07:31	4:48	4	27:10	11	27:10
000 00	3.25	30:52	9:29	12	17:50	152	17:50	42.25	3:38:23	5:10	4	44:31	23	44:31