



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Ulrich, Peter

00: ROBEL

00: 819

00: 42.25 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 3:39:43

00: 11.54 km/h

0000: 5:12 min/km

00000/000: 27 (of 185)

00000/0: 26 (of 161)

000000: 2:53:52

00000: 2(of 30)

0000000: 3:39:08

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:37	4:48	3	1:52	33	3:50	3.25	15:37	4:48	3	1:52	33	3:50
00 2	3.25	16:22	5:02	4	2:18	42	16:21	6.50	31:59	4:55	3	4:10	36	14:44
00 3	3.25	16:29	5:04	3	2:00	40	3:39	9.75	48:28	4:58	3	6:10	39	15:04
00 4	3.25	16:51	5:11	4	2:00	44	3:53	13.00	1:05:19	5:01	4	8:10	39	15:40
00 5	3.25	16:44	5:08	2	1:18	36	3:32	16.25	1:22:03	5:02	3	9:28	34	18:28
00 6	3.25	16:54	5:11	3	0:44	36	3:36	19.50	1:38:57	5:04	3	10:12	34	22:04
00 7	3.25	17:08	5:16	4	0:44	39	3:46	22.75	1:56:05	5:06	4	10:56	36	25:37
00 8	3.25	17:06	5:15	2	0:09	30	17:05	26.00	2:13:11	5:07	3	10:37	34	28:58
00 9	3.25	17:10	5:16	2	0:07	23	3:11	29.25	2:30:21	5:08	3	9:51	33	32:09
00 10	3.25	17:09	5:16	1	-	18	3:13	32.50	2:47:30	5:09	3	7:31	32	35:12
00 11	3.25	17:29	5:22	2	0:03	19	17:28	35.75	3:04:59	5:10	3	4:24	30	38:40
00 12	3.25	17:29	5:22	2	0:16	18	3:39	39.00	3:22:28	5:11	3	0:55	27	42:07
000 00	3.25	17:15	5:18	1	-	22	4:13	42.25	3:39:43	5:12	2	0:35	26	45:51