



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Schütt, Silke

00: Landau Running Company

00: 790

00: 42.25 km

Marathon

0000:

Seniorinnen W45 (45-49 Jahre)

000: 3:41:04

00: 11.47 km/h

0000: 5:14 min/km

00000/000: 29 (of 185)

00000/0: 2 (of 24)

000000: 3:31:50

00000: 2(of 7)

0000000: 3:31:50

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:30	4:46	1	-	1	-	3.25	15:30	4:46	1	-	1	-
00 2	3.25	16:01	4:55	2	0:04	3	0:11	6.50	31:31	4:50	2	0:04	3	0:09
00 3	3.25	16:19	5:01	1	-	2	0:18	9.75	47:50	4:54	1	-	2	0:27
00 4	3.25	16:33	5:05	2	0:03	3	0:04	13.00	1:04:23	4:57	2	0:03	3	0:31
00 5	3.25	16:25	5:03	2	0:12	3	0:17	16.25	1:20:48	4:58	2	0:15	3	0:48
00 6	3.25	16:42	5:08	2	0:20	3	0:20	19.50	1:37:30	5:00	2	0:35	3	0:52
00 7	3.25	17:02	5:14	2	0:43	3	0:43	22.75	1:54:32	5:02	2	1:18	3	1:18
00 8	3.25	17:31	5:23	2	1:00	2	1:00	26.00	2:12:03	5:04	2	2:18	3	2:18
00 9	3.25	17:04	5:15	2	1:00	2	1:00	29.25	2:29:07	5:05	2	3:18	2	3:18
00 10	3.25	17:29	5:22	2	1:02	2	1:02	32.50	2:46:36	5:07	2	4:20	2	4:20
00 11	3.25	17:40	5:26	2	0:54	2	0:54	35.75	3:04:16	5:09	2	5:14	2	5:14
00 12	3.25	18:18	5:37	2	1:37	2	1:37	39.00	3:22:34	5:11	2	6:51	2	6:51
000 00	3.25	18:30	5:41	2	2:23	3	2:23	42.25	3:41:04	5:13	2	9:14	2	9:14