



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Fatton, Christian

00: CCAP LBG Greenwatt

00: 630

00: 42.25 km

Marathon

0000:

Senioren M60 (60-64 Jahre)

000: 3:44:25

00: 11.30 km/h

0000: 5:19 min/km

00000/000: 34 (of 185)

00000/0: 30 (of 161)

000000: 2:53:52

00000: 3(of 12)

0000000: 3:31:08

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:48	4:51	3	1:18	35	4:01	3.25	15:48	4:51	3	1:18	35	4:01
00 2	3.25	16:22	5:02	3	1:42	42	16:21	6.50	32:10	4:56	3	3:00	38	14:55
00 3	3.25	16:37	5:06	3	1:44	47	3:47	9.75	48:47	5:00	3	4:44	41	15:23
00 4	3.25	16:37	5:06	3	1:44	35	3:39	13.00	1:05:24	5:01	3	6:28	40	15:45
00 5	3.25	16:55	5:12	3	1:51	44	3:43	16.25	1:22:19	5:03	3	8:19	39	18:44
00 6	3.25	17:15	5:18	3	1:57	45	3:57	19.50	1:39:34	5:06	3	10:16	39	22:41
00 7	3.25	17:14	5:18	3	1:43	41	3:52	22.75	1:56:48	5:08	3	11:59	39	26:20
00 8	3.25	17:49	5:28	3	1:40	49	17:48	26.00	2:14:37	5:10	3	13:39	40	30:24
00 9	3.25	18:05	5:33	3	1:06	44	4:06	29.25	2:32:42	5:13	3	14:45	41	34:30
00 10	3.25	18:13	5:36	3	0:53	37	4:17	32.50	2:50:55	5:15	3	15:00	39	38:37
00 11	3.25	18:40	5:44	3	0:59	37	18:39	35.75	3:09:35	5:18	3	15:36	39	43:16
00 12	3.25	18:13	5:36	1	-	23	4:23	39.00	3:27:48	5:19	3	15:24	35	47:27
000 00	3.25	16:37	5:06	1	-	13	3:35	42.25	3:44:25	5:18	3	13:17	30	50:33