



14. Kristall-Marathon

Merkers / 16.02.2020

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Mattha, Andreas

□□: SV 1960 Metzels e.V.

□□: 732

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:47:30

□□: 11.08 km/h

□□□□: 5:23 min/km

□□□□□/□□□: 43 (of 185)

□□□□□/□: 40 (of 161)

□□□□□□: 2:53:52

□□□□□: 8(of 40)

□□□□□□□: 3:16:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	15:24	4:44	8	2:34	30	3:37	3.25	15:24	4:44	8	2:34	30	3:37	
□□ 2	3.25	16:25	5:03	8	2:58	46	16:24	6.50	31:49	4:53	8	5:32	35	14:34	
□□ 3	3.25	16:31	5:04	7	2:44	43	3:41	9.75	48:20	4:57	7	8:16	35	14:56	
□□ 4	3.25	16:51	5:11	8	2:42	44	3:53	13.00	1:05:11	5:00	7	10:58	36	15:32	
□□ 5	3.25	16:59	5:13	8	2:44	45	3:47	16.25	1:22:10	5:03	7	13:42	38	18:35	
□□ 6	3.25	16:56	5:12	7	2:24	37	3:38	19.50	1:39:06	5:04	7	16:06	38	22:13	
□□ 7	3.25	17:15	5:18	8	2:27	42	3:53	22.75	1:56:21	5:06	7	18:33	37	25:53	
□□ 8	3.25	17:32	5:23	9	2:41	42	17:31	26.00	2:13:53	5:08	7	20:56	37	29:40	
□□ 9	3.25	17:45	5:27	9	2:06	37	3:46	29.25	2:31:38	5:11	8	23:02	37	33:26	
□□ 10	3.25	18:17	5:37	9	2:18	39	4:21	32.50	2:49:55	5:13	8	25:20	37	37:37	
□□ 11	3.25	18:47	5:46	11	2:34	40	18:46	35.75	3:08:42	5:16	8	27:26	36	42:23	
□□ 12	3.25	19:18	5:56	13	3:03	42	5:28	39.00	3:28:00	5:19	7	29:18	37	47:39	
□□□ □□	3.25	19:30	6:00	14	3:17	55	6:28	42.25	3:47:30	5:23	8	31:20	40	53:38	