



14. Kristall-Marathon

Merkers / 16.02.2020

□□□□

Hunger, Alexander

□□: WSV Berlin

□□: 684

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 3:54:50

□□: 10.79 km/h

□□□□: 5:34 min/km

□□□□□/□□□: 53 (of 185)

□□□□□/□: 50 (of 161)

□□□□□□: 2:53:52

□□□□□: 10(of 25)

□□□□□□□: 3:06:58

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	15:36	4:47	9	3:32	32	3:49	3.25	15:36	4:47	9	3:32	32	3:49	
□□ 2	3.25	15:32	4:46	7	2:49	23	15:31	6.50	31:08	4:47	8	6:21	28	13:53	
□□ 3	3.25	16:04	4:56	8	3:04	29	3:14	9.75	47:12	4:50	8	9:25	28	13:48	
□□ 4	3.25	16:30	5:04	8	3:24	33	3:32	13.00	1:03:42	4:54	9	12:49	28	14:03	
□□ 5	3.25	16:49	5:10	9	3:23	41	3:37	16.25	1:20:31	4:57	9	16:12	30	16:56	
□□ 6	3.25	16:53	5:11	7	3:16	35	3:35	19.50	1:37:24	4:59	8	19:28	30	20:31	
□□ 7	3.25	17:42	5:26	9	3:43	47	4:20	22.75	1:55:06	5:03	8	23:11	31	24:38	
□□ 8	3.25	0:01	0:00	1	-	1	-	26.00	1:55:07	4:25	2	8:43	8	10:54	
□□ 9	3.25	17:49	5:28	7	2:57	38	3:50	29.25	2:12:56	4:32	2	11:40	9	14:44	
□□ 10	3.25	18:12	5:35	7	2:28	36	4:16	32.50	2:31:08	4:39	3	13:42	11	18:50	
□□ 11	3.25	18:53	5:48	9	2:55	43	18:52	35.75	2:50:01	4:45	3	15:42	12	23:42	
□□ 12	3.25	19:31	6:00	9	3:12	45	5:41	39.00	3:09:32	4:51	3	18:29	14	29:11	
□□□ □□	3.25	45:18	13:56	25	29:23	156	32:16	42.25	3:54:50	5:33	10	47:52	50	1:00:58	