



# 14. Kristall-Marathon

Merkers / 16.02.2020

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Greifelt, Anne

00: LG Eder

00: 67

00: 9.75 km

10 km Lauf

0000:

Seniorinnen W40 (40-44 Jahre)

000: 51:47

00: 11.30 km/h

0000: 5:19 min/km

00000/000: 55 (of 220)

00000/0: 9 (of 94)

000000: 40:57

00000: 3(of 18)

0000000: 45:23

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:15	5:00	3	2:18	6	3:18	3.25	16:15	5:00	3	2:18	6	3:18
00 2	3.25	18:05	5:33	4	2:40	19	18:04	6.50	34:20	5:16	3	4:58	12	17:22
000 00	3.25	17:27	5:22	2	1:26	8	3:21	9.75	51:47	5:18	3	6:24	9	10:50