



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Zinnecker, Jörg

00: ETSV Lauda

00: 844

00: 42.25 km

Marathon

0000:

Männer (20-29 Jahre)

000: 4:06:33

00: 10.22 km/h

0000: 5:50 min/km

00000/000: 69 (of 185)

00000/0: 64 (of 161)

000000: 2:53:52

00000: 2(of 3)

0000000: 3:50:59

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:48	5:28	3	2:05	80	6:01	3.25	17:48	5:28	3	2:05	80	6:01
00 2	3.25	18:01	5:32	3	2:21	88	18:00	6.50	35:49	5:30	3	4:26	83	18:34
00 3	3.25	17:46	5:28	3	1:21	66	4:56	9.75	53:35	5:29	3	5:47	73	20:11
00 4	3.25	17:47	5:28	3	1:12	59	4:49	13.00	1:11:22	5:29	3	6:38	70	21:43
00 5	3.25	17:41	5:26	3	1:10	55	4:29	16.25	1:29:03	5:28	3	6:43	68	25:28
00 6	3.25	17:48	5:28	2	1:16	51	4:30	19.50	1:46:51	5:28	3	6:32	62	29:58
00 7	3.25	17:55	5:30	2	0:50	49	4:33	22.75	2:04:46	5:29	3	7:17	62	34:18
00 8	3.25	19:04	5:51	2	1:21	67	19:03	26.00	2:23:50	5:31	3	8:38	61	39:37
00 9	3.25	19:23	5:57	2	1:08	64	5:24	29.25	2:43:13	5:34	3	9:46	61	45:01
00 10	3.25	19:33	6:00	2	0:44	64	5:37	32.50	3:02:46	5:37	3	10:30	61	50:28
00 11	3.25	20:33	6:19	2	0:41	65	20:32	35.75	3:23:19	5:41	3	11:11	60	57:00
00 12	3.25	21:03	6:28	2	1:03	69	7:13	39.00	3:44:22	5:45	2	12:14	60	1:04:01
000 00	3.25	22:11	6:49	2	3:20	95	9:09	42.25	4:06:33	5:50	2	15:34	64	1:12:41