



14. Kristall-Marathon

Merkers / 16.02.2020

□□□□

Wulff, Mario

□□: Markkleeberg

□□: 838

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 4:10:20

□□: 10.07 km/h

□□□□: 5:56 min/km

□□□□□/□□□: 75 (of 185)

□□□□□/□: 70 (of 161)

□□□□□□: 2:53:52

□□□□□: 15(of 25)

□□□□□□□: 3:06:58

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:49	5:10	12	4:45	46	5:02	3.25	16:49	5:10	12	4:45	46	5:02	
□□ 2	3.25	16:37	5:06	12	3:54	50	16:36	6.50	33:26	5:08	12	8:39	47	16:11	
□□ 3	3.25	16:56	5:12	11	3:56	52	4:06	9.75	50:22	5:09	12	12:35	50	16:58	
□□ 4	3.25	17:54	5:30	12	4:48	63	4:56	13.00	1:08:16	5:15	11	17:23	54	18:37	
□□ 5	3.25	18:33	5:42	16	5:07	78	5:21	16.25	1:26:49	5:20	12	22:30	57	23:14	
□□ 6	3.25	18:36	5:43	13	4:59	70	5:18	19.50	1:45:25	5:24	12	27:29	57	28:32	
□□ 7	3.25	19:14	5:55	15	5:15	74	5:52	22.75	2:04:39	5:28	12	32:44	60	34:11	
□□ 8	3.25	20:24	6:16	15	20:23	90	20:23	26.00	2:25:03	5:34	12	38:39	63	40:50	
□□ 9	3.25	19:56	6:08	15	5:04	71	5:57	29.25	2:44:59	5:38	13	43:43	66	46:47	
□□ 10	3.25	20:39	6:21	14	4:55	78	6:43	32.50	3:05:38	5:42	14	48:12	67	53:20	
□□ 11	3.25	21:39	6:39	15	5:41	82	21:38	35.75	3:27:17	5:47	14	52:58	67	1:00:58	
□□ 12	3.25	21:17	6:32	13	4:58	73	7:27	39.00	3:48:34	5:51	15	57:31	68	1:08:13	
□□□ □□	3.25	21:46	6:41	17	5:51	88	8:44	42.25	4:10:20	5:55	15	1:03:22	70	1:16:28	