



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Wild, Wolfgang

00: DJK Weiden

00: 832

00: 42.25 km

Marathon

0000:

Senioren M50 (50-54 Jahre)

000: 4:10:42

00: 10.05 km/h

0000: 5:56 min/km

00000/000: 76 (of 185)

00000/0: 71 (of 161)

000000: 2:53:52

00000: 15(of 40)

0000000: 3:16:10

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:07	4:39	4	2:17	21	3:20	3.25	15:07	4:39	4	2:17	21	3:20
00 2	3.25	15:35	4:47	6	2:08	26	15:34	6.50	30:42	4:43	5	4:25	24	13:27
00 3	3.25	16:20	5:01	6	2:33	35	3:30	9.75	47:02	4:49	6	6:58	26	13:38
00 4	3.25	17:43	5:27	11	3:34	56	4:45	13.00	1:04:45	4:58	6	10:32	34	15:06
00 5	3.25	17:58	5:31	11	3:43	61	4:46	16.25	1:22:43	5:05	8	14:15	42	19:08
00 6	3.25	17:24	5:21	10	2:52	46	4:06	19.50	1:40:07	5:08	9	17:07	42	23:14
00 7	3.25	21:21	6:34	30	6:33	126	7:59	22.75	2:01:28	5:20	10	23:40	51	31:00
00 8	3.25	18:58	5:50	14	4:07	65	18:57	26.00	2:20:26	5:24	10	27:29	51	36:13
00 9	3.25	21:55	6:44	29	6:16	112	7:56	29.25	2:42:21	5:33	11	33:45	59	44:09
00 10	3.25	22:39	6:58	27	6:40	110	8:43	32.50	3:05:00	5:41	12	40:25	64	52:42
00 11	3.25	29:19	9:01	39	13:06	156	29:18	35.75	3:34:19	5:59	20	53:03	85	1:08:00
00 12	3.25	18:59	5:50	11	2:44	39	5:09	39.00	3:53:18	5:58	18	54:36	78	1:12:57
000 00	3.25	17:24	5:21	7	1:11	24	4:22	42.25	4:10:42	5:56	15	54:32	71	1:16:50