



# 14. Kristall-Marathon

Merkers / 16.02.2020

0000

Kisling, Claudia

00: LG Vellmar

00: 110

00: 9.75 km

10 km Lauf

0000:

Seniorinnen W50 (50-54 Jahre)

000: 51:54

00: 11.27 km/h

0000: 5:19 min/km

00000/000: 57 (of 220)

00000/0: 10 (of 94)

000000: 40:57

00000: 3(of 19)

0000000: 49:24

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:31	5:04	3	0:12	11	3:34	3.25	16:31	5:04	3	0:12	11	3:34
00 2	3.25	17:36	5:24	3	1:09	11	17:35	6.50	34:07	5:14	3	1:21	10	17:09
000 00	3.25	17:47	5:28	3	1:09	14	3:41	9.75	51:54	5:19	3	2:30	10	10:57