



14. Kristall-Marathon

Merkers / 16.02.2020

□□□□

Stoll, Winfried

□□: 100 Marathon Club

□□: 805

□□: 42.25 km

Marathon

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 4:29:11

□□: 9.42 km/h

□□□□: 6:22 min/km

□□□□□/□□□□: 108 (of 185)

□□□□□/□: 100 (of 161)

□□□□□□: 2:53:52

□□□□□: 19(of 30)

□□□□□□□: 3:39:08

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 18:33 | 5:42 | 13 | 4:48 | 101 | 6:46 | 3.25 | 18:33 | 5:42 | 13 | 4:48 | 101 | 6:46 | |
| □□ 2 | 3.25 | 18:52 | 5:48 | 17 | 4:48 | 112 | 18:51 | 6.50 | 37:25 | 5:45 | 15 | 9:36 | 108 | 20:10 | |
| □□ 3 | 3.25 | 19:15 | 5:55 | 17 | 4:46 | 111 | 6:25 | 9.75 | 56:40 | 5:48 | 16 | 14:22 | 108 | 23:16 | |
| □□ 4 | 3.25 | 19:35 | 6:01 | 19 | 4:44 | 113 | 6:37 | 13.00 | 1:16:15 | 5:51 | 17 | 19:06 | 111 | 26:36 | |
| □□ 5 | 3.25 | 19:37 | 6:02 | 17 | 4:11 | 104 | 6:25 | 16.25 | 1:35:52 | 5:53 | 17 | 23:17 | 109 | 32:17 | |
| □□ 6 | 3.25 | 20:08 | 6:11 | 17 | 3:58 | 108 | 6:50 | 19.50 | 1:56:00 | 5:56 | 18 | 27:15 | 109 | 39:07 | |
| □□ 7 | 3.25 | 20:31 | 6:18 | 18 | 4:07 | 101 | 7:09 | 22.75 | 2:16:31 | 6:00 | 18 | 31:22 | 107 | 46:03 | |
| □□ 8 | 3.25 | 21:00 | 6:27 | 21 | 4:03 | 106 | 20:59 | 26.00 | 2:37:31 | 6:03 | 18 | 34:57 | 106 | 53:18 | |
| □□ 9 | 3.25 | 21:21 | 6:34 | 18 | 4:18 | 96 | 7:22 | 29.25 | 2:58:52 | 6:06 | 18 | 38:22 | 105 | 1:00:40 | |
| □□ 10 | 3.25 | 22:18 | 6:51 | 20 | 5:09 | 104 | 8:22 | 32.50 | 3:21:10 | 6:11 | 18 | 41:11 | 104 | 1:08:52 | |
| □□ 11 | 3.25 | 22:45 | 7:00 | 20 | 5:19 | 103 | 22:44 | 35.75 | 3:43:55 | 6:15 | 18 | 43:20 | 104 | 1:17:36 | |
| □□ 12 | 3.25 | 23:07 | 7:06 | 20 | 5:54 | 97 | 9:17 | 39.00 | 4:07:02 | 6:20 | 18 | 45:29 | 102 | 1:26:41 | |
| □□□ □□ | 3.25 | 22:09 | 6:48 | 17 | 4:54 | 94 | 9:07 | 42.25 | 4:29:11 | 6:22 | 19 | 50:03 | 100 | 1:35:19 | |