



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Vetter, Herbert

00: VfL Ostelsheim

00: 822

00: 42.25 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 4:31:21

00: 9.34 km/h

0000: 6:25 min/km

00000/000: 112 (of 185)

00000/0: 104 (of 161)

000000: 2:53:52

00000: 20(of 30)

0000000: 3:39:08

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	20:14	6:13	22	6:29	133	8:27	3.25	20:14	6:13	22	6:29	133	8:27
00 2	3.25	19:19	5:56	21	5:15	123	19:18	6.50	39:33	6:05	21	11:44	125	22:18
00 3	3.25	19:17	5:56	18	4:48	112	6:27	9.75	58:50	6:02	20	16:32	123	25:26
00 4	3.25	20:02	6:09	21	5:11	121	7:04	13.00	1:18:52	6:03	21	21:43	123	29:13
00 5	3.25	19:44	6:04	19	4:18	109	6:32	16.25	1:38:36	6:04	21	26:01	121	35:01
00 6	3.25	20:35	6:19	22	4:25	120	7:17	19.50	1:59:11	6:06	21	30:26	120	42:18
00 7	3.25	21:09	6:30	23	4:45	120	7:47	22.75	2:20:20	6:10	21	35:11	121	49:52
00 8	3.25	20:38	6:20	17	3:41	93	20:37	26.00	2:40:58	6:11	19	38:24	113	56:45
00 9	3.25	20:35	6:19	14	3:32	85	6:36	29.25	3:01:33	6:12	19	41:03	110	1:03:21
00 10	3.25	22:17	6:51	19	5:08	101	8:21	32.50	3:23:50	6:16	19	43:51	110	1:11:32
00 11	3.25	21:16	6:32	13	3:50	77	21:15	35.75	3:45:06	6:17	19	44:31	108	1:18:47
00 12	3.25	23:00	7:04	19	5:47	94	9:10	39.00	4:08:06	6:21	20	46:33	106	1:27:45
000 00	3.25	23:15	7:09	22	6:00	108	10:13	42.25	4:31:21	6:25	20	52:13	104	1:37:29