



# 14. Kristall-Marathon

Merkers / 16.02.2020

□□□□

Petring, Thorsten

□□: THOHAN

□□: 747

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 4:40:02

□□: 9.05 km/h

□□□□: 6:38 min/km

□□□□□/□□□□: 135 (of 185)

□□□□□/□: 125 (of 161)

□□□□□□: 2:53:52

□□□□□: 30(of 40)

□□□□□□□: 3:16:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:25	6:16	33	7:35	134	8:38	3.25	20:25	6:16	33	7:35	134	8:38	
□□ 2	3.25	19:44	6:04	32	6:17	134	19:43	6.50	40:09	6:10	32	13:52	132	22:54	
□□ 3	3.25	19:49	6:05	31	6:02	127	6:59	9.75	59:58	6:09	30	19:54	127	26:34	
□□ 4	3.25	20:13	6:13	30	6:04	128	7:15	13.00	1:20:11	6:10	29	25:58	127	30:32	
□□ 5	3.25	20:21	6:15	27	6:06	120	7:09	16.25	1:40:32	6:11	29	32:04	128	36:57	
□□ 6	3.25	20:51	6:24	30	6:19	126	7:33	19.50	2:01:23	6:13	29	38:23	124	44:30	
□□ 7	3.25	20:44	6:22	26	5:56	109	7:22	22.75	2:22:07	6:14	28	44:19	123	51:39	
□□ 8	3.25	21:05	6:29	27	6:14	107	21:04	26.00	2:43:12	6:16	27	50:15	122	58:59	
□□ 9	3.25	21:50	6:43	28	6:11	108	7:51	29.25	3:05:02	6:19	28	56:26	121	1:06:50	
□□ 10	3.25	22:37	6:57	26	6:38	108	8:41	32.50	3:27:39	6:23	28	1:03:04	119	1:15:21	
□□ 11	3.25	23:26	7:12	27	7:13	116	23:25	35.75	3:51:05	6:27	29	1:09:49	121	1:24:46	
□□ 12	3.25	24:17	7:28	27	8:02	117	10:27	39.00	4:15:22	6:32	29	1:16:40	123	1:35:01	
□□□ □□	3.25	24:40	7:35	29	8:27	122	11:38	42.25	4:40:02	6:37	30	1:23:52	125	1:46:10	