



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Hofmann, Christian

00: goFree Concepts

00: 672

00: 42.25 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 4:50:11

00: 8.68 km/h

0000: 6:52 min/km

00000/000: 150 (of 185)

00000/0: 134 (of 161)

000000: 2:53:52

00000: 21(of 24)

0000000: 3:10:07

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:20	5:38	18	6:25	98	6:33	3.25	18:20	5:38	18	6:25	98	6:33
00 2	3.25	17:50	5:29	13	5:19	80	17:49	6.50	36:10	5:33	17	11:44	92	18:55
00 3	3.25	18:29	5:41	16	5:35	92	5:39	9.75	54:39	5:36	16	17:19	89	21:15
00 4	3.25	19:09	5:53	17	5:51	99	6:11	13.00	1:13:48	5:40	17	23:10	91	24:09
00 5	3.25	19:48	6:05	19	6:22	110	6:36	16.25	1:33:36	5:45	18	29:32	96	30:01
00 6	3.25	20:47	6:23	20	6:58	124	7:29	19.50	1:54:23	5:51	19	36:30	102	37:30
00 7	3.25	21:59	6:45	22	8:05	136	8:37	22.75	2:16:22	5:59	19	44:35	106	45:54
00 8	3.25	23:34	7:15	22	9:05	145	23:33	26.00	2:39:56	6:09	19	53:40	112	55:43
00 9	3.25	24:21	7:29	22	9:38	143	10:22	29.25	3:04:17	6:18	19	1:03:14	117	1:06:05
00 10	3.25	24:42	7:35	19	9:37	137	10:46	32.50	3:28:59	6:25	19	1:10:59	125	1:16:41
00 11	3.25	24:56	7:40	21	24:55	131	24:55	35.75	3:53:55	6:32	21	1:17:14	129	1:27:36
00 12	3.25	27:57	8:35	23	13:12	148	14:07	39.00	4:21:52	6:42	21	1:26:56	133	1:41:31
000 00	3.25	28:19	8:42	22	14:00	142	15:17	42.25	4:50:11	6:52	21	1:40:04	134	1:56:19