



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Orlinger, Herbert

00: HPLC Linz

00: 745

00: 42.25 km

Marathon

0000:

Senioren M60 (60-64 Jahre)

000: 4:54:05

00: 8.57 km/h

0000: 6:58 min/km

00000/0000: 158 (of 185)

00000/0: 142 (of 161)

000000: 2:53:52

00000: 9(of 12)

0000000: 3:31:08

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	20:41	6:21	10	6:11	140	8:54	3.25	20:41	6:21	10	6:11	140	8:54
00 2	3.25	21:04	6:28	12	6:24	154	21:03	6.50	41:45	6:25	12	12:35	150	24:30
00 3	3.25	21:02	6:28	12	6:09	150	8:12	9.75	1:02:47	6:26	12	18:44	150	29:23
00 4	3.25	20:53	6:25	10	6:00	145	7:55	13.00	1:23:40	6:26	12	24:44	148	34:01
00 5	3.25	21:30	6:36	11	6:26	148	8:18	16.25	1:45:10	6:28	12	31:10	149	41:35
00 6	3.25	22:16	6:51	10	6:58	148	8:58	19.50	2:07:26	6:32	12	38:08	150	50:33
00 7	3.25	22:43	6:59	9	7:12	146	9:21	22.75	2:30:09	6:36	11	45:20	149	59:41
00 8	3.25	23:05	7:06	8	6:56	139	23:04	26.00	2:53:14	6:39	11	52:16	150	1:09:01
00 9	3.25	23:46	7:18	9	6:47	137	9:47	29.25	3:17:00	6:44	10	59:03	150	1:18:48
00 10	3.25	25:16	7:46	10	7:56	143	11:20	32.50	3:42:16	6:50	9	1:06:21	149	1:29:58
00 11	3.25	24:21	7:29	6	6:40	124	24:20	35.75	4:06:37	6:53	9	1:12:38	148	1:40:18
00 12	3.25	23:34	7:15	5	5:21	108	9:44	39.00	4:30:11	6:55	9	1:17:47	145	1:49:50
000 00	3.25	23:54	7:21	7	7:17	114	10:52	42.25	4:54:05	6:57	9	1:22:57	142	2:00:13