



14. Kristall-Marathon

Merkers / 16.02.2020

□□□□

Klüh, Sebastian

□□: SC Motten

□□: 706

□□: 42.25 km

Marathon

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 4:54:31

□□: 8.56 km/h

□□□□: 6:58 min/km

□□□□□/□□□□: 159 (of 185)

□□□□□/□: 143 (of 161)

□□□□□□: 2:53:52

□□□□□: 22(of 24)

□□□□□□□: 3:10:07

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 19:34 | 6:01 | 20 | 7:39 | 118 | 7:47 | 3.25 | 19:34 | 6:01 | 20 | 7:39 | 118 | 7:47 | |
| □□ 2 | 3.25 | 19:37 | 6:02 | 22 | 7:06 | 131 | 19:36 | 6.50 | 39:11 | 6:01 | 21 | 14:45 | 122 | 21:56 | |
| □□ 3 | 3.25 | 19:28 | 5:59 | 20 | 6:34 | 116 | 6:38 | 9.75 | 58:39 | 6:00 | 21 | 21:19 | 121 | 25:15 | |
| □□ 4 | 3.25 | 20:09 | 6:11 | 19 | 6:51 | 123 | 7:11 | 13.00 | 1:18:48 | 6:03 | 21 | 28:10 | 122 | 29:09 | |
| □□ 5 | 3.25 | 21:24 | 6:35 | 23 | 7:58 | 146 | 8:12 | 16.25 | 1:40:12 | 6:09 | 21 | 36:08 | 127 | 36:37 | |
| □□ 6 | 3.25 | 21:43 | 6:40 | 23 | 7:54 | 143 | 8:25 | 19.50 | 2:01:55 | 6:15 | 21 | 44:02 | 127 | 45:02 | |
| □□ 7 | 3.25 | 23:39 | 7:16 | 23 | 9:45 | 153 | 10:17 | 22.75 | 2:25:34 | 6:23 | 23 | 53:47 | 135 | 55:06 | |
| □□ 8 | 3.25 | 23:22 | 7:11 | 21 | 8:53 | 144 | 23:21 | 26.00 | 2:48:56 | 6:29 | 23 | 1:02:40 | 140 | 1:04:43 | |
| □□ 9 | 3.25 | 27:42 | 8:31 | 23 | 12:59 | 157 | 13:43 | 29.25 | 3:16:38 | 6:43 | 23 | 1:15:35 | 148 | 1:18:26 | |
| □□ 10 | 3.25 | 23:38 | 7:16 | 18 | 8:33 | 126 | 9:42 | 32.50 | 3:40:16 | 6:46 | 23 | 1:22:16 | 147 | 1:27:58 | |
| □□ 11 | 3.25 | 25:21 | 7:48 | 22 | 25:20 | 138 | 25:20 | 35.75 | 4:05:37 | 6:52 | 23 | 1:28:56 | 146 | 1:39:18 | |
| □□ 12 | 3.25 | 24:22 | 7:29 | 19 | 9:37 | 121 | 10:32 | 39.00 | 4:29:59 | 6:55 | 23 | 1:35:03 | 144 | 1:49:38 | |
| □□□ □□ | 3.25 | 24:32 | 7:32 | 18 | 10:13 | 119 | 11:30 | 42.25 | 4:54:31 | 6:58 | 22 | 1:44:24 | 143 | 2:00:39 | |