



14. Kristall-Marathon

Merkers / 16.02.2020

□□□□

Walter, Mario

□□: CaBa`s CaBaNauTeN

□□: 823

□□: 42.25 km

Marathon

□□□□:

Senioren M30 (30-34 Jahre)

□□□: 4:57:46

□□: 8.46 km/h

□□□□: 7:03 min/km

□□□□□/□□□□: 162 (of 185)

□□□□□/□: 146 (of 161)

□□□□□□: 2:53:52

□□□□□: 11(of 13)

□□□□□□□: 2:53:52

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□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	21:21	6:34	12	9:34	153	9:34	3.25	21:21	6:34	12	9:34	153	9:34	
□□ 2	3.25	20:39	6:21	11	20:38	147	20:38	6.50	42:00	6:27	12	24:45	152	24:45	
□□ 3	3.25	20:59	6:27	11	8:09	149	8:09	9.75	1:02:59	6:27	11	29:35	151	29:35	
□□ 4	3.25	19:33	6:00	9	6:35	110	6:35	13.00	1:22:32	6:20	11	32:53	145	32:53	
□□ 5	3.25	20:34	6:19	10	7:22	124	7:22	16.25	1:43:06	6:20	11	39:31	143	39:31	
□□ 6	3.25	21:44	6:41	11	8:26	144	8:26	19.50	2:04:50	6:24	11	47:57	143	47:57	
□□ 7	3.25	22:11	6:49	10	8:49	138	8:49	22.75	2:27:01	6:27	11	56:33	144	56:33	
□□ 8	3.25	24:55	7:40	11	11:12	153	24:54	26.00	2:51:56	6:36	11	1:07:43	147	1:07:43	
□□ 9	3.25	22:54	7:02	10	8:55	126	8:55	29.25	3:14:50	6:39	11	1:16:38	143	1:16:38	
□□ 10	3.25	24:59	7:41	11	11:03	139	11:03	32.50	3:39:49	6:45	11	1:27:31	145	1:27:31	
□□ 11	3.25	25:21	7:48	10	11:21	138	25:20	35.75	4:05:10	6:51	11	1:38:51	145	1:38:51	
□□ 12	3.25	26:31	8:09	11	12:41	141	12:41	39.00	4:31:41	6:57	11	1:51:20	146	1:51:20	
□□□ □□	3.25	26:05	8:01	10	13:03	132	13:03	42.25	4:57:46	7:02	11	2:03:54	146	2:03:54	