



14. Kristall-Marathon

Merkers / 16.02.2020

0000

Meischner, Nadine

00: Neundorf

00: 145

00: 9.75 km

10 km Lauf

0000:

Seniorinnen W35 (35-39 Jahre)

000: 55:17

00: 10.58 km/h

0000: 5:40 min/km

00000/0000: 92 (of 220)

00000/0: 23 (of 94)

000000: 40:57

00000: 4(of 15)

0000000: 48:35

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:07	5:15	2	0:41	14	4:10	3.25	17:07	5:15	2	0:41	14	4:10
00 2	3.25	19:24	5:58	7	3:24	34	19:23	6.50	36:31	5:37	4	4:05	23	19:33
000 00	3.25	18:46	5:46	4	2:37	25	4:40	9.75	55:17	5:40	4	6:42	23	14:20