



# VR Bank Charity Duathlon Büdingen

Büdingen / 16.08.2020

0000

Heerd, Ramona

000: 1:17:16

00: Eintracht Frankfurt Triathlon

00: 134

00: 27.50 km

00000/000: 29 (of 50)

Chari Tria Duathlon(5-20,0-2,5)

00000/0: 5 (of 13)

000000: 1:10:15

0000:

00000: 2(of 2)

Seniorinnen 1 WK40

0000000: 1:13:21

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Lauf	5.00	26:02	5:12	2	2:56	5	3:13	5.00	26:02	5:12	3	2:56	14	3:13
Rad	20.00	37:45	1:53	1	-	2	1:23	25.00	1:03:47	2:33	3	2:16	14	4:35
Lauf	2.50	13:29	5:23	2	1:39	5	2:26	27.50	1:17:16	2:48	2	3:55	5	7:01