



Sander, Torben

□□: MTV Kronberg

□□: 160

☐: 27.50 km ☐☐☐☐☐☐: 27 (of 50)
Chari Tria Duathlon(5-20,0-2,5) ☐☐☐☐☐☐: 23 (of 37)

\_\_\_\_: 58:07

\_\_\_\_: 2(of 2)

männliche Jugend A (16-17 J.)

	km		min/km	-	-			km		min/km	-	-		
Lauf	5.00	24:52	4:58	2	4:47	26	8:06	5.00	24:52	4:58	3	4:47	38	8:06
Rad	20.00	38:21	1:55	1	-	23	7:25	25.00	1:03:13	2:31	1	-	34	14:11
Lauf	2.50	13:46	5:30	1	-	25	4:41	27.50	1:16:59	2:47	2	11:00	23	18:52