



VR Bank Charity Duathlon Bidingen

Bidingen / 16.08.2020

0000

Kary, Franziska

000: 1:25:05

00: Triteam Gießen

00: 184

00: 27.50 km

00000/000: 43 (of 50)

Chari Tria Duathlon(5-20,0-2,5)

00000/0: 9 (of 13)

000000: 1:10:15

0000:

00000: 2(of 2)

Frauen AK1

0000000: 1:22:11

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Lauf	5.00	27:19	5:27	2	1:11	10	4:30	5.00	27:19	5:27	3	1:11	14	4:30
Rad	20.00	42:09	2:06	2	1:20	8	5:47	25.00	1:09:28	2:46	3	2:31	14	10:16
Lauf	2.50	15:37	6:14	2	0:23	10	4:34	27.50	1:25:05	3:05	2	2:54	9	14:50