



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Menzel, Michael

□□□: 1:33:45.2

□□: 76

Lange Distanz

□□□□□: 65 (of 92)

□□□□□□: 1:03:25.1

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□□□□□: 30(of 37)

Exemplary M (35-45 Jahre)

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Öchsenberg	43:18.7	30	16:34.5	66	16:34.5	43:18.7	30	16:34.5	66	16:34.5
Laktat Start	35:38.2	29	10:41.4	62	10:41.4	1:18:56.9	30	26:16.4	65	26:16.4
Laktat Finish	3:21.0	30	1:32.6	68	1:53.7	1:22:17.9	30	27:49.0	65	27:49.0
Ziel	11:27.3	25	3:10.9	51	3:17.1	1:33:45.2	30	30:20.1	65	30:20.1