



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Gaube, Felix

□□□: 1:13:08.0

□□: X Runners Jena e.V.

□□: 20

Lange Distanz

□□□□□: 15 (of 92)

□□□□□□: 1:03:25.1

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□□□□□: 10(of 37)

Exemplary M (35-45 Jahre)

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Öchsenberg	33:29.3	10	6:45.1	20	6:45.1	33:29.3	10	6:45.1	20	6:45.1
Laktat Start	28:18.5	10	3:21.7	15	3:21.7	1:01:47.8	10	9:07.3	15	9:07.3
Laktat Finish	2:48.0	16	0:59.6	37	1:20.7	1:04:35.8	10	10:06.9	18	10:06.9
Ziel	8:32.2	4	0:15.8	6	0:22.0	1:13:08.0	10	9:42.9	15	9:42.9