



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Kolts, Karl

□□□: 1:26:18.1

□□: X Runners Jena e.V.

□□: 70

Lange Distanz

□□□□□: 39 (of 92)

□□□□□□: 1:03:25.1

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□□□□□: 19(of 37)

Exemplary M (35-45 Jahre)

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Öchsenberg	40:06.5	21	13:22.3	46	13:22.3	40:06.5	21	13:22.3	46	13:22.3
Laktat Start	32:14.2	18	7:17.4	33	7:17.4	1:12:20.7	18	19:40.2	38	19:40.2
Laktat Finish	3:36.6	34	1:48.2	78	2:09.3	1:15:57.3	21	21:28.4	42	21:28.4
Ziel	10:20.8	16	2:04.4	33	2:10.6	1:26:18.1	19	22:53.0	39	22:53.0