



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Weilandt, Austen

□□□: 1:16:34.4

□□: X Runners Jena e.V.

□□: 17

Lange Distanz

□□□□□: 22 (of 92)

□□□□□□: 1:03:25.1

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□□□□□: 12(of 37)

Exemplary M (35-45 Jahre)

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Öchsenberg	34:25.3	11	7:41.1	22	7:41.1	34:25.3	11	7:41.1	22	7:41.1
Laktat Start	29:28.9	15	4:32.1	24	4:32.1	1:03:54.2	11	11:13.7	20	11:13.7
Laktat Finish	2:50.5	19	1:02.1	42	1:23.2	1:06:44.7	12	12:15.8	22	12:15.8
Ziel	9:49.7	14	1:33.3	26	1:39.5	1:16:34.4	12	13:09.3	22	13:09.3