



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Urban, Andreas

□□□: 1:11:37.3

□□: X Runners Jena e.V.

□□: 18

Lange Distanz

□□□□□: 13 (of 92)

□□□□□□: 1:03:25.1

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□□□□□: 8(of 37)

Exemplary M (35-45 Jahre)

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Öchsenberg	32:08.1	8	5:23.9	13	5:23.9	32:08.1	8	5:23.9	13	5:23.9
Laktat Start	27:26.3	7	2:29.5	11	2:29.5	59:34.4	7	6:53.9	12	6:53.9
Laktat Finish	2:41.3	11	0:52.9	29	1:14.0	1:02:15.7	8	7:46.8	13	7:46.8
Ziel	9:21.6	12	1:05.2	18	1:11.4	1:11:37.3	8	8:12.2	13	8:12.2