



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Dorausch-Seyfarth, Ronny

□□□: 1:08:07.8

□□: X Runners Jena e.V.

□□: 21

Lange Distanz

□□□□□: 6 (of 92)

□□□□□□: 1:03:25.1

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□□□□□: 4(of 37)

Exemplary M (35-45 Jahre)

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Öchsenberg	30:58.7	5	4:14.5	8	4:14.5	30:58.7	5	4:14.5	8	4:14.5
Laktat Start	26:29.9	4	1:33.1	7	1:33.1	57:28.6	4	4:48.1	6	4:48.1
Laktat Finish	2:22.8	8	0:34.4	19	0:55.5	59:51.4	4	5:22.5	6	5:22.5
Ziel	8:16.4	1	-	2	0:06.2	1:08:07.8	4	4:42.7	6	4:42.7